

EXERCICES PRÉPARATOIRES

Exécutés sur un tempo lent, ces exercices permettront le contrôle de la Tenue et trajectoire des Baguettes, de la position des Bras ; ils aideront également à la recherche d'une frappe égale des deux mains.

If executed slowly, these exercises will allow the student to achieve a controlled hold on the drumsticks as well as control with their placement and with the positioning of the arms. In addition, these exercises will also assist in obtaining a level of total ambidexterity.

○ Main droite
Right hand

○ Main gauche
Left hand



Accentuation

