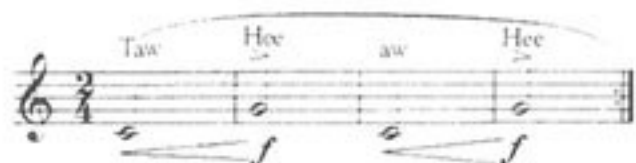


LESSON 1



Repeat hundreds of times (resting frequently) until the notes move easily and you become aware of the tongue moving up and down from "aw" to "Eee".

When you get the "knack" or feel of this, then practice on all valve positions as follows:



As these become easier to play: start speeding them up gradually and very steadily.

Practice these over and over and over again, hundreds of times. When the movement becomes easy, move on to Lesson Two.

LESSON 2



Practice this hundreds of times in the same manner as lesson one. When the top notes start to fly out easily, with the kick of air, then practice, as follows:



Practice each repeat many times until you get the "knack" or feel. Remember to kick the top note with "Hee". When this feels easier and the movement a little faster, move on to Lesson Three.