

Book 1

Exercises in 3rd Position

When the left hand is in 3rd Position, the thumb rests in the heel of the neck.

The image shows three staves of cello music. The first staff starts with a D note, followed by a rest, then a D note again. The second staff starts with a D note, followed by a rest, then an A note. The third staff starts with a D note, followed by a G note, then a D note again. Each staff has a '3rd Pos.' label at the top left and a 'D' label below the first note. The music is in 2/4 time.

**TRACKS
1-6**

Short'nin' Bread

Bowing Variations

American Folk Song
Arranged by George Vance

Preparation

The image shows two staves of cello music. The first staff starts with a G note, followed by a 'martelé' dynamic, then a series of sixteenth-note patterns. The second staff continues the sixteenth-note patterns. Both staves have a '3rd Pos.' label at the top left and a 'G' label below the first note. The music is in 2/4 time.

The preparatory exercise should also be played with *détaché* bow strokes and with rhythm variations combining *détaché* and *martelé*.

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