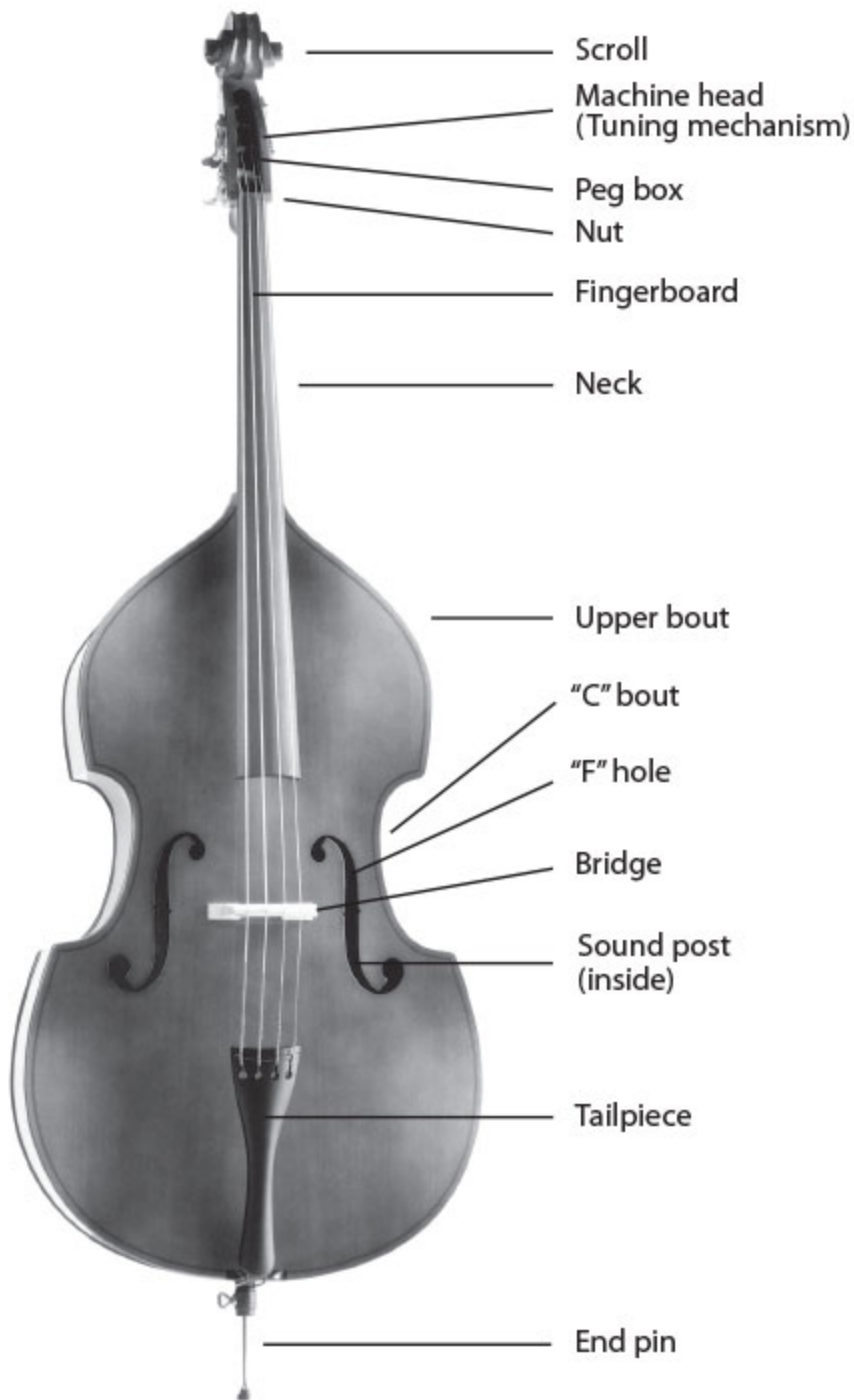


THE DOUBLE BASS



Take Special Care

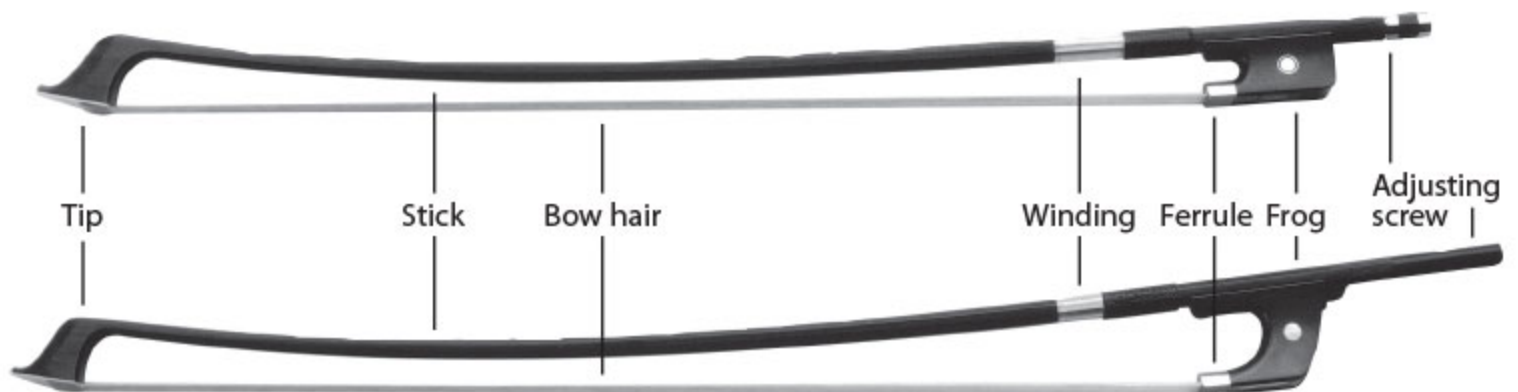
String instruments are delicate. Follow your teacher's guidelines in caring for your instrument, and it will last forever.

- Follow your teacher's instructions when removing the instrument from the case.
- Protect your instrument from heat, cold, and quick changes in temperature.
- Always wipe off the instrument with a soft dry cloth. Be sure to remove all fingerprints and rosin.

Accessories

- Rosin
- Soft cloth
- Stool (optional)

THE BOW



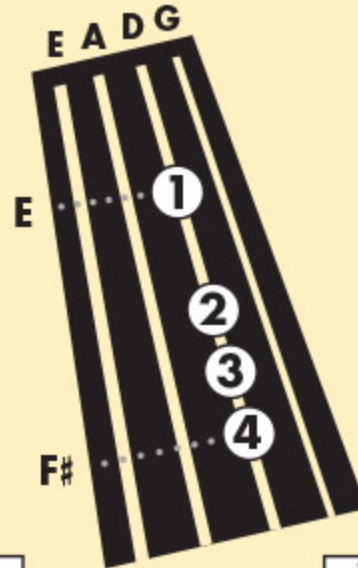
- Never touch the bow hair.

SHAPING THE LEFT HAND

D STRING NOTES

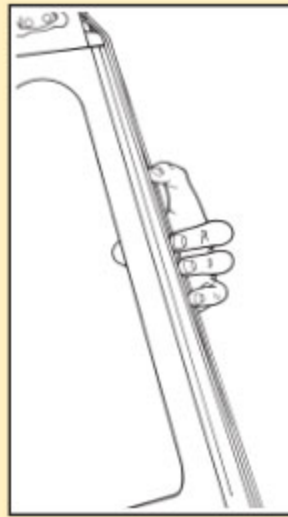
Step 1 Shape your left hand as shown.
Be certain your palm faces you.

- 0 = Open string
- 1 = 1st finger
- 2 = 2nd finger
- 3 = 3rd finger
- 4 = 4th finger

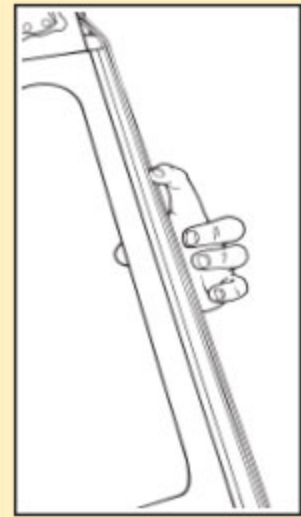


Step 2 Bring your left hand to the fingerboard. Place your fingers on the D string, keeping your hand shaped as shown. Be sure your thumb is behind the second finger and slightly bent.

F#
is played with 4 fingers on the D string.



E
is played with 1 finger on the D string.



Listening Skills

Play what your teacher plays. Listen carefully.

10. LET'S READ "G" Start memorizing the note names.

G *pizz.* 0

THEORY **Sharp #** A sharp raises the sound of notes and remains in effect for the entire measure. Notes without sharps are called **natural** notes.

11. LET'S READ "F#" (F-sharp)

F# *pizz.* 4

▲ Play all F#'s. Sharps apply to the entire measure.

12. LIFT OFF

pizz. 0

▲ Keep fingers down when you see this bracket.

✓ Is your left hand shaped as shown in the diagrams above?

Folk songs often tell stories. This **Israeli folk song** describes a game played with a dreidel, a small table-top spinning toy that has been enjoyed by families for centuries. The game is especially popular in December around the time of Hanukkah.

36. DREIDEL

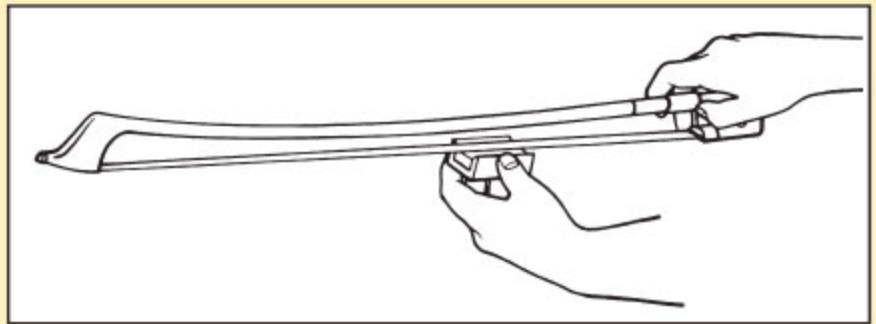
Israeli Folk Song

BOW BUILDER FIVE

Shadow Bowing

Shadow Bowing is bowing without the instrument.

- Step 1** Tighten the bow hair as instructed by your teacher.
- Step 2** Place the rosin in your left hand. Hold the bow in your right hand.
- Step 3** Shadow bow by slowly moving the bow back and forth on the rosin. Be sure to move the bow, not the rosin.



- Down Bow** ▮ Move the bow away from your body (to the right).
- Up Bow** ▽ Move the bow toward your body (to the left).

37. ROSIN RAP #1 *Bow these exercises on the rosin.*

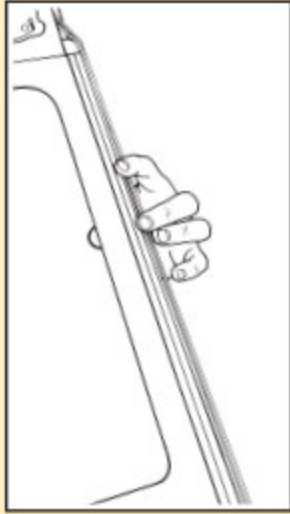
38. ROSIN RAP #2

39. ROSIN RAP #3

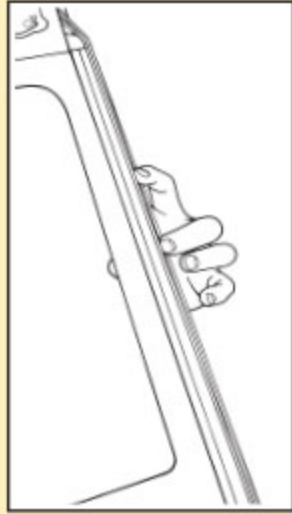
✓ Is your bow hand shaped as shown in the diagram above?

E AND A STRING NOTES

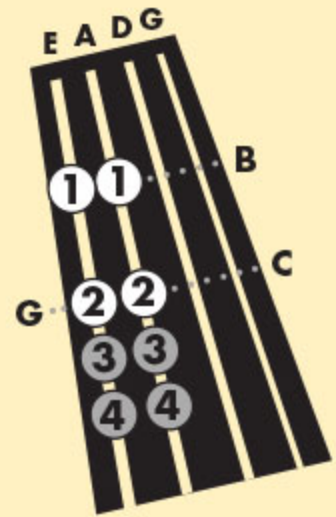
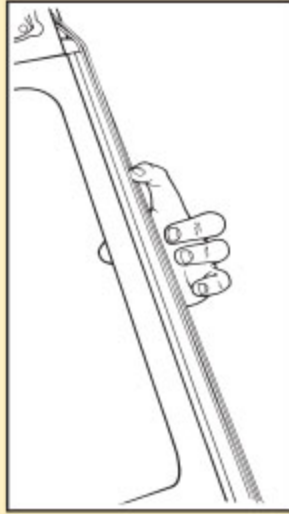
G is played with 2 fingers on the E string.



C is played with 2 fingers on the A string.



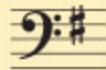
B is played with 1 finger on the A string.



Listening Skills

Play what your teacher plays. Listen carefully.

THEORY

Key Signature
G MAJOR

Play all F's as F# (F-sharp) and all C's as C♮ (C-natural).

93. LET'S READ "G"



▲ Play F#s and C♮s in this key signature.

94. LET'S READ "C" (C-natural)



95. LET'S READ "B"



96. LET'S READ "A"

